



Hartlepool United Football Club - Anti-bullying policy

Statement of intent

Hartlepool United Football Club is committed to providing a caring, friendly and safe environment for all our players so they can participate in football in a relaxed and secure atmosphere.

Bullying of any kind is unacceptable at our club. If bullying does occur, all club staff, players and parents should be able to tell and know that incidents will be dealt with promptly and effectively. We are a TELLING club.

This means that anyone who knows that bullying is happening is expected to tell the Club Welfare Officer or member of staff. The Club is committed to playing its part to teach players to treat each other with respect.

What is bullying?

Bullying is the use of aggression with the intention of hurting another person. Bullying results in pain and distress to the victim.

Bullying can be:

- Emotional - being unfriendly, excluding (emotionally and physically) sending hurtful text messages, tormenting, (e.g., hiding football boots/shin guards, threatening gestures)
- Physical pushing, kicking, hitting, punching or any use of violence
- Racist - racial taunts, graffiti, gestures
- Sexual - unwanted physical contact or sexually abusive comments
- Homophobic - because of, or focusing on the issue of sexuality
- Verbal - name-calling, sarcasm, spreading rumours, teasing.

Cyberbullying

This is when a person uses technology i.e., mobile phones or the internet (social networking sites, chat rooms, instant messenger, tweets), to deliberately upset someone.

Bullies often feel anonymous and 'distanced' from the incident when it takes place online and 'bystanders' can easily become bullies themselves by forwarding the information on. There is a growing trend for bullying to occur online or via texts – bullies no longer rely on being physically near to the young person.

Trolling

This is the name given to posting deliberately offensive comments on people's social media pages aimed at causing upset and distress. This type of behaviour could result in legal action.

Why is it important to respond to bullying?

Bullying hurts. No one deserves to be a victim of bullying. Everybody has the right to be treated with respect. Individuals who are bullying need to learn different ways of behaving. The impact upon a child or young person can be devastating and in some cases effect all aspects of their life, in extreme circumstances it can lead to suicide threats or even attempts. This club has a responsibility to respond promptly and effectively to issues of bullying.

Objectives of this policy

- All club staff, coaches, officials and parents/carers should have an understanding of what bullying is
- All club staff, officials and coaching staff should know what the club policy is on bullying, and follow it when bullying is reported
- All players and parents/carers should know what the club policy is on bullying, and what they should do if bullying arises
- As a club we take bullying seriously. Players and parents/carers should be assured that they would be supported when bullying is reported
- Bullying will not be tolerated.

Signs and indicators

A child may indicate by signs or behaviour that he or she is being bullied. Adults should be aware of these possible signs and that they should investigate if a child:

- Says he is being bullied
- Is unwilling to go to club sessions
- Becomes withdrawn anxious, or lacking in confidence
- Feels ill before training sessions
- Comes home with clothes torn or training equipment damaged
- Has possessions go 'missing'
- Asks for money or starts stealing money (to pay the bully)
- Has unexplained cuts or bruises
- Is frightened to say what's wrong
- Gives improbable excuses for any of the above.

In more extreme cases:

- Starts stammering
- Cries themselves to sleep at night or has nightmares
- Becomes aggressive, disruptive, or unreasonable
- Is bullying other children or siblings
- Stops eating
- Attempts or threatens suicide or runs away.

These signs and behaviours may indicate other problems, but bullying should be considered a possibility and should be investigated.

Bullying as a result of any form of discrimination

Bullying because of discrimination occurs when bullying is motivated by a prejudice against certain people or groups of people. This may be because of their gender, age, race, nationality, ethnic origin, religion or belief, sexual orientation, gender reassignment, disability or ability. Generally, these forms of bullying look like other sorts of bullying, but in particular it can include:

- **Verbal abuse** – derogatory remarks about girls or women, suggesting girls and women are inferior to boys and men, or that black, Asian and ethnic minority people are not as capable as white people; spreading rumours that someone is gay, suggesting that something or someone is inferior and

so they are “gay” – for example, “you’re such a gay boy!” or “those trainers are so gay!”
Ridiculing someone because of a disability or mental health related issue, or because they have a physical, mental or emotional developmental delay.

Referring to someone by the colour of their skin, rather than their name; using nicknames that have racial connotations; isolating someone because they come from another country or social background etc.

- **Physical abuse** – including hitting, punching, kicking, sexual assault, and threatening behaviour.

- **Cyberbullying** – using online spaces to spread rumours about someone or exclude them. It can also include text messaging, including video and picture messaging which only serves to strengthen stereotypes and can

potentially lead to actions that may cause women, ethnic minorities, disabled people, lesbian, gay, bisexual or transgender people, or people who follow specific religions or beliefs, to feel excluded, isolated or undervalued. Ensure

that club members know that discriminatory language and behaviour will not be tolerated in this club.

- If an incident occurs, members should be informed that tolerated. If a member continues to make discriminatory and bullying has on people. If it is a young person making the remarks their parents should be informed just as in any breach of the clubs Code of Conduct and this Anti-Bullying policy.

- If a member makes persistent remarks, they should be removed from the training setting in line with managing comments are unacceptable.

- If the problem persists, the member should be made to understand the sanctions that will apply if they continue to use discriminatory language or behaviour.

- Consider inviting the parents/carers to the club to discuss the attitudes of the youth member in line with the procedures detailed in this policy.

Procedures

1. Report bullying incidents to the CWO or a member of the club's staff or contact the CFA CWO.
2. In cases of serious bullying, the incidents will be referred to the CFA CWO for advice and possibly to The FA Case Management System.
3. Parents should be informed and will be asked to come into a meeting to discuss the problem.
4. If necessary and appropriate, the Police will be consulted.
5. The bullying behaviour or threats of bullying must be investigated, and the bullying stopped quickly.
6. An attempt will be made to help the bully (bullies) change their behaviour.
7. If mediation fails and the bullying is seen to continue the club will initiate
8. disciplinary action under the club disciplinary policy.

Recommended club action

If the club decides it is appropriate for them to deal with the situation, we will follow the procedure outlined below:

1. Reconciliation by getting the parties together. It may be that a genuine apology solves the problem.
2. If this fails/is not appropriate, a small panel (made up from the Academy Manager, CWO, secretary & other nominated staff) should meet with the parent/carer and child alleging bullying to get details of the allegation. Minutes should be taken for clarity, which should be agreed by all as a true account.
3. The same members of staff should meet with the alleged bully and parents/carer and put the incident raised to them to answer and give their view of the allegation. Minutes should again be taken and agreed by all as a true account.
4. If bullying has in their view taken place, the individual should be warned and put on notice of further action i.e., temporary or permanent suspension if the bullying continues. Consideration should be given as to whether a reconciliation meeting between parties is appropriate at this time.
5. In some cases the parent of the bully or bullied player can be asked to attend training sessions, if they are able to do so, and if appropriate. The club's Head of Youth should monitor the situation for a given period to ensure the bullying is not being repeated.
6. All coaches involved with both individuals should be made aware of the concerns and outcome of the process i.e., the warning.

In the case of adults reported to be bullying anyone within the club under 18 years the following procedure will be followed:

1. The CFA CWO should always be informed and will advise on action to be taken where appropriate.
2. It is anticipated that in most cases where the allegation is made regarding a team manager, official or coach, The FA's Child Protection and Best Practice awareness training may be recommended.

1. More serious cases may be referred to the Police and/or Social Services.

Prevention:

- Hartlepool United Football Club has written codes of conduct which includes what is acceptable and proper behaviour for all coaches/ players/parents/carers of which the anti-bullying policy is one part
- All club staff/players and parents/carers will sign to accept the code of conduct upon joining the club
- The CWO will raise awareness about bullying and why it matters, and if issues of bullying arise in the club, will consider meeting with members to discuss the issue openly and constructively.

This policy is based on guidance provided to schools by KIDSCAPE. KIDSCAPE is a voluntary organisation committed to help prevent child bullying.

KIDSCAPE can be contacted on 0207 730 3300 or you can access their website via www.kidscape.org.uk

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